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Low back pain during pregnancy.

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Abstract

All pregnant women from a well defined area (the central district of the County of Ostergötland, Sweden) attending antenatal clinics over a period of seven months were interviewed with regard to low **back pain** during pregnancy. Of 862 women who answered the questionnaires, about half developed some degree of low **back pain**. Seventy-nine women who were unable to continue their work because of severe low **back pain** were referred to an orthopedic surgeon for an orthoneurologic examination. The most common reason for severe low **back pain** was dysfunction of the sacroiliac joints. Physically strenuous work and previous low **back pain** were factors associated with an increased risk of developing low **back pain** and sacroiliac dysfunction during pregnancy.

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MeSH Terms

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