

PubMed chiropractic care during pregnancy 1995

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Chiropractic care, including craniosacral therapy, during pregnancy: a static-group comparison of obstetric interventions during labor and delivery.

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Abstract

OBJECTIVE: To determine whether the addition of **chiropractic care** including craniosacral therapy to a regimen of standard obstetric **pregnancy** results in fewer obstetric interventions during labor and delivery.

DESIGN: Retrospective, case-matched, static-group comparison.

SETTING: The study group was obtained from a college faculty-based clinic and received **chiropractic care** in addition to their routine obstetrical **care**. The setting for the comparison group was unknown, but the **care** rendered was presumed to be primary medical obstetric **care** only.

PATIENTS: A consecutive sample of 63 pregnant women who sought **chiropractic care** within the period under study. The reason for seeking **care** was not necessarily related to the **pregnancy**. The sample was primarily between 18 and 35 yr, non-Hispanic caucasian and primiparous. After selection and matching criteria, 35 patients remained in the study group.

INTERVENTION: **Chiropractic care** and craniosacral therapy delivered during **pregnancy** vs. unknown **care** within the same county.

MAIN OUTCOME MEASURES: Obstetric interventions during labor and delivery as reported by the birth attendant on the certificate of live birth.

RESULTS: No statistical differences were detected in the rates of obstetric interventions used during labor or delivery between the two samples. Approximate large-sample 95% confidence intervals are provided.

CONCLUSION: Because of the limitations in the design of the project, this study provides no evidence that the addition of **chiropractic care** and craniosacral therapy during **pregnancy** results in any observable benefit or detriment with regard to obstetric interventions used during labor and delivery and that **chiropractic care** for **pregnancy**-related neuromusculoskeletal disorders should not complicate labor or delivery.

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